

A background image showing several people participating in a triathlon. In the foreground, a man with a beard and glasses is smiling, wearing a white t-shirt with 'NAVIG' and 'CITY SQUAD' logos. Next to him is a young girl in a black and white triathlon top with 'adidas' and '486' on it. To the right, a woman is riding a bicycle, wearing a red helmet and a red vest with 'SERPENT' and 'adidas' logos. In the background, other participants are visible, including a man in a white t-shirt and a woman in a white t-shirt.

Sat Sept 11th

Two2go

Novice Triathlon

Hackney Marshes / Kings Hall

Whether you are a seasoned triathlete or new to the event, the Two2Go Novice Triathlon is open to everyone of all ages and abilities. Taking place between Hackney Marshes and Kings Hall Leisure Centre, Hackney, the Novice Triathlon will consist of:

200m (8 lengths) Indoor Pool Swim, 6.6k Cycle, 2k Run

Over 18's: £20, Under 18's: £15

The race will be chip timed and all competitors get a medal and goody bag. 7am bike racking on Marshes, 7.30am Race start. PLEASE NOTE: Entrants must provide their own bike and helmet. NO HELMET NO RACE!

For more race info and online registration details, please go to:

www.two2go.org.uk

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