



Gosfield School

Gosfield Duathlon



Saturday 18th September 2010 (Morning Event)

Entry Form

Age categories and distances (age as at 31st December 2010)

Category	Run	Cycle (on grass)	Run
Tristar Start (8 yrs)	400m	800m	200m
Tristar 1 (9/10)	1200m	2000m	400m
Tristar 2 (11/12)	1600m	4000m	600m
Tristar 3 (13/14)	2000m	6000m	800m
Youth (15/16)	2400m	8000m	1000m

All parts of the race will take place within Gosfield School grounds

Individual Entry Fee - £8.00

Send this form together with a cheque (payable to Gosfield School) to:

Mr P Davies, Gosfield School, Cut Hedge Park, Halstead Road, Gosfield, Essex. CO9 1PF

Closing date: 13th August 2010

Child's 1st Name: _____ **Last Name:** _____ **DOB:** _____ **M/F** _____

Contact Address

House No. & Street _____

Town _____

Postcode _____

E-mail address: _____

I declare that the above named person is fit to take part in this event. I understand that they participate entirely at their own risk, and relieve the race referee and organisers of any responsibility for injury, loss or damage sustained to either their person or property as a result of participation how so ever caused. I also declare that the above named person's bicycle is in a roadworthy condition. I agree to abide by the race rules and any rules imposed by the race officials during the event.

Signed: _____ (Competitor) Date: _____

Competitors must gain parental consent in order to be eligible to compete:

Signed: _____ (Parent/Guardian) Date: _____

Confirmation and final event details will be sent by post or e-mail prior to the event.