

Children's Series

Junior Triathlon Championship

Fritton Lake 16-Jun-12

Children's Triathlon Championship (Tristar and Youth)

Upminster 07-Jul-12

Children's Aquathlon Championship (Tristar and Youth)

Norwich Aquathlon 21-Jul-12

Children's League

Basildon Aquathlon 15-Apr-12

Upminster Aquathlon 21-Apr-12

St Felix 20-May-12

Basildon 02-Jun-12 IRC Qualifier for Tristars

North Norfolk 09-Jun-12

New Hall 17-Jun-12 IRC Qualifier for Tristars

Rob Mclean 01-Jul-12 IRC Qualifier for Tristars

TriForce 15-Jul-12

Clacton Off-Road Duathlon 08-Sep-12

Ipswich 26-Sep-12

5 events to count of which 4 must be triathlons

Youth IRC qualifiers will be Blenheim and Eton (exact dates to be confirmed)

Adult Series

Adult Championship

Standard Norwich 01-Jul-12

Sprint Lakeside 17-Jun-12

Adult League

Sprint Braintree 10-Jun-12

Standard Fritton 17-Jun-12

Sprint Walden 24-Jun-12

Standard Norwich 01-Jul-12

Standard Gosfield 08-Jul-12

Sprint North Walsham 15-Jul-12

Sprint Grays 22-Jul-12

Middle Farnbridge 29-Jul-12

Middle	Grafman	12-Aug-12
Middle	Monster	19-Aug-12
Sprint	Nice Tri	02-Sep-12
Sprint	Clacton Off Road Sprint Tri	08-Sep-12
Standard	Clacton Standard	09-Sep-12
Sprint	Dunmow	09-Sep-12

5 events to count of which two must be sprint and two standard or middle distance

Text for Race Directors

Congratulations, the Eastern Region committee have discussed the Eastern Region events for 2012 and our event on 17th June has been selected as and IRC qualifier championship event.

Kindest

Race Director
Wendy Staines